

# DGroup Meeting Example (1.5 hr)



## Intro

This meeting template is a condensed version of the C.O.R.E. DGroup framework. For a deeper dive, check out our Discipleship Group Leader Guide.

## Part 1: Build Relationships (10-15 min)

Relationships are the soil where God grows us. Jesus called His disciples to be close to him and spent consistent time with them (Mk. 3:13).

- Take the first 1 or 2 DGroups to share testimonies ([How to Share Your Testimony Guide](#))
- Take the first 10-15 minutes to connect with the group relationally before diving in.

## Part 2: Confession (15-20 min)

The practice of confession to the Lord helps us lift our eyes up to God and remember our identity in Christ. Instead of stirring up shame or guilt, confessing sin crushes condemnation as we walk in the light (Jm 5:16).

Tip: ask everyone in the DGroup– what comes to mind when you think of confession? This helps to get an understanding of people's background with this practice.

1. Thank God for His goodness and love.
2. Practice confession to walk in the light. Read Galatians 5:19-25. Ask the Holy Spirit to highlight any place of sin you need to confess and repent of.
3. Confess to God and one another
  - a. Shorter Option: Each person prays out loud confession to God while the group agrees in prayer. Pray for one another to grow in fruit of the Spirit.
  - b. Longer Option: Each person shares with the group where you need to confess. Pray for one another to grow in fruit of the Spirit.

## Part 3: Others (5-10 min)

Jesus has a passion for the lost. He has chosen to work through us in seeing people come to know Him. It is easy to drift into prioritizing our own lives in such a way that we lose sight of our call to others, and the mission of Christ.

1. Who are people you sense Holy Spirit highlighting for you to reach out to and pray for?
2. Pray for these people by name together.



## Part 4: Read & Respond (20-25 min)

Reading Scripture and responding by putting it into practice is a way to build our lives on a firm foundation (Mt. 7:24-27). We practice this by daily reading portions of Scripture.

### Example: 30 Day Gospel of John Reading Plan

<input type="checkbox"/> John 1:1-18	<input type="checkbox"/> John 7	<input type="checkbox"/> John 15:1-17
<input type="checkbox"/> John 1:19-51	<input type="checkbox"/> John 8	<input type="checkbox"/> John 15:18-16:15
<input type="checkbox"/> John 2	<input type="checkbox"/> John 9	<input type="checkbox"/> John 16:16-33
<input type="checkbox"/> John 3:1-21	<input type="checkbox"/> John 10:1-18	<input type="checkbox"/> John 17
<input type="checkbox"/> John 3:22-36	<input type="checkbox"/> John 10:19-42	<input type="checkbox"/> John 18:1-27
<input type="checkbox"/> John 4:1-42	<input type="checkbox"/> John 11:1-54	<input type="checkbox"/> John 18:28-19:16
<input type="checkbox"/> John 4:43-5:18	<input type="checkbox"/> John 11:55-12:19	<input type="checkbox"/> John 19:17-42
<input type="checkbox"/> John 5:19-47	<input type="checkbox"/> John 12:20-50	<input type="checkbox"/> John 20
<input type="checkbox"/> John 6:1-21	<input type="checkbox"/> John 13	<input type="checkbox"/> John 21
<input type="checkbox"/> John 6:22-71	<input type="checkbox"/> John 14	

### Daily Reading Questions:

1. D - Discover: What does this teach me about who Jesus is? What does this teach me about being a disciple of Jesus?
2. N - Nurture: What is the Holy Spirit highlighting to me in this passage?
3. A - Apply: How does this apply to me today?

### DGroup Questions:

1. D - What is something God is teaching you, or showing you, through the daily readings?
2. N - Why is this meaningful to you?
3. A - What steps, if any, come to mind to put these things into practice?

## Part 5: Encouragement (5-10 min)

Scripture commands us to encourage one another. Our world is in desperate need of encouragement. Without encouragement, it is easy to be hardened by sin's deceitfulness.

The way this happens can be varied and creative. Here are some examples of ways we can encourage one another:

- 5 Minutes of Favor - Pick someone and spend 5 minutes encouraging them.
- Pair Up - each person pairs with another so they can encourage each other throughout the week in prayers, texts, etc.
- Pray and prophesy over one another. Prophecy releases encouragement and edification.